Resource 1a: Feelings match up - Pupil/Parent Guide

If you want to check your answers or need some help…

|  |  |  |  |
| --- | --- | --- | --- |
| **happy** | cheery  | joyful  | ecstatic  |
| **sad** | upset | forlorn  | heart-broken |
| **scared** | anxious  | frightened | petrified  |
| **angry** | irritated | cross | furious |
| **worried** | concerned | troubled | distressed |