

Name: _____

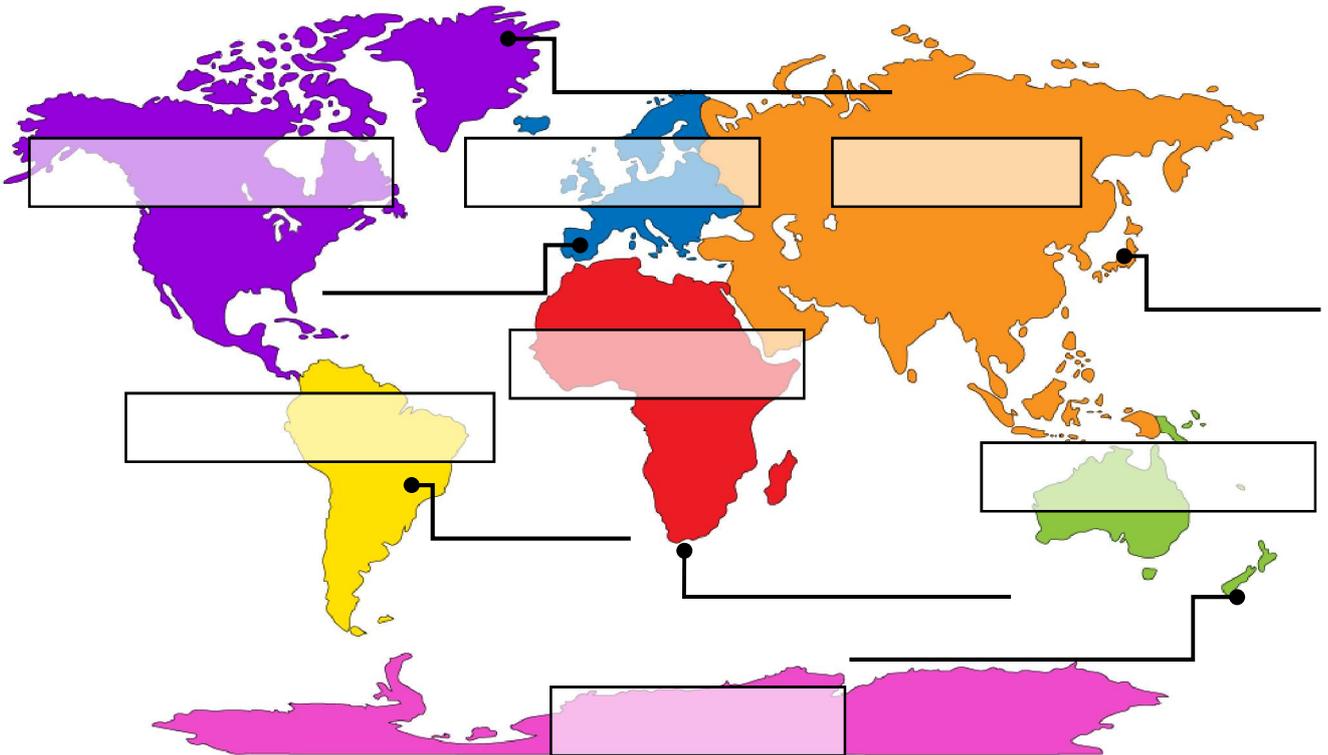
Date: _____

Continents, Countries and Capital Cities

The Earth has seven continents. A continent is a large land mass.

Using a map or atlas, find the seven continents and label them in the boxes.

Then identify the countries and write them on the lines. Remember to use printed letters.



Can you find the capital cities of each country?

Continent

Country

Capital city

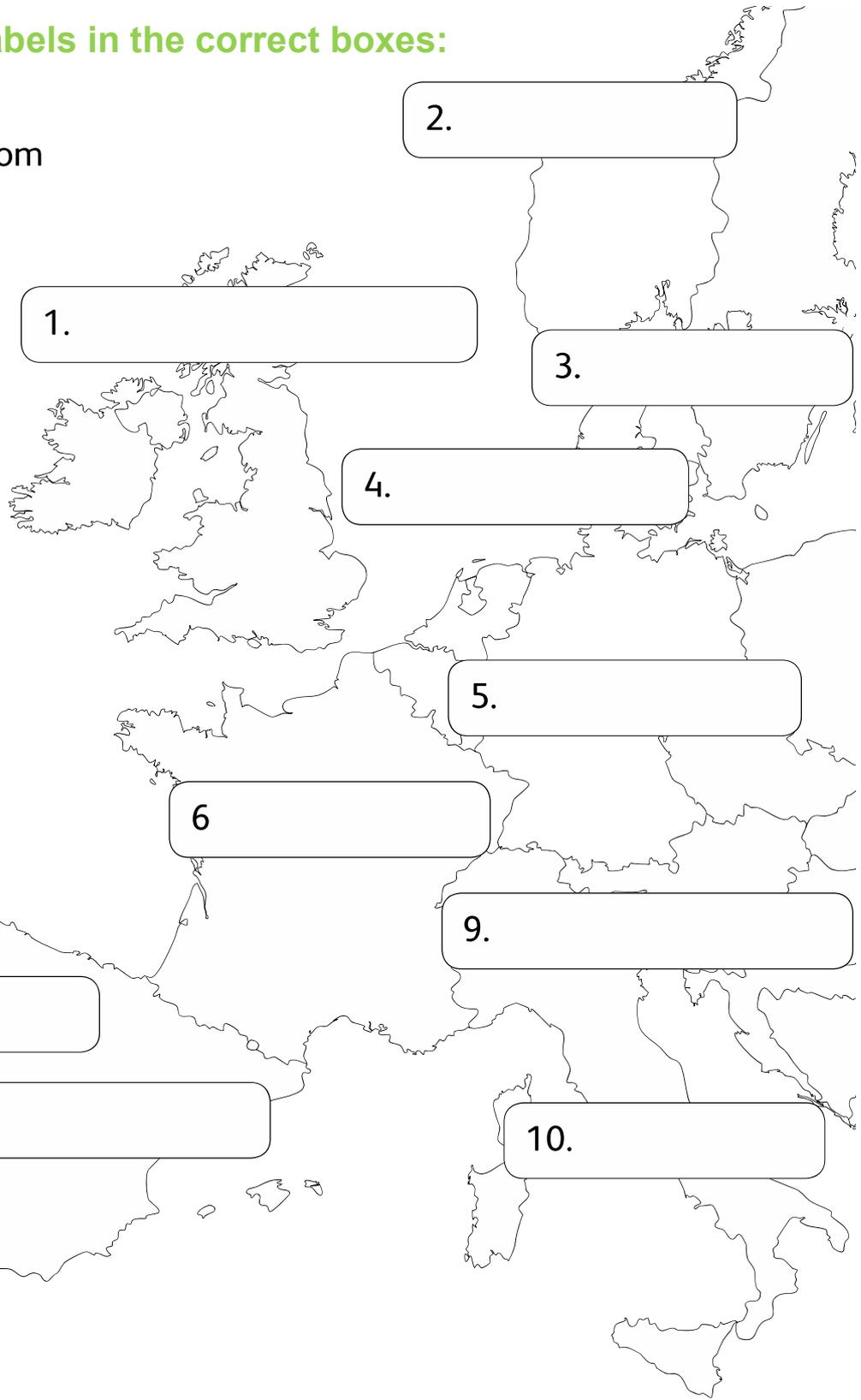
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Countries

Write these labels in the correct boxes:

1. United Kingdom
2. Norway
3. Sweden
4. Denmark
5. Germany
6. France
7. Portugal
8. Spain
9. Switzerland
10. Italy



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Rivers

Use the words in the boxes to fill in the spaces in the paragraph, below, which describes the journey of a river.

meandering

lake

tributaries

mouth

source

confluence

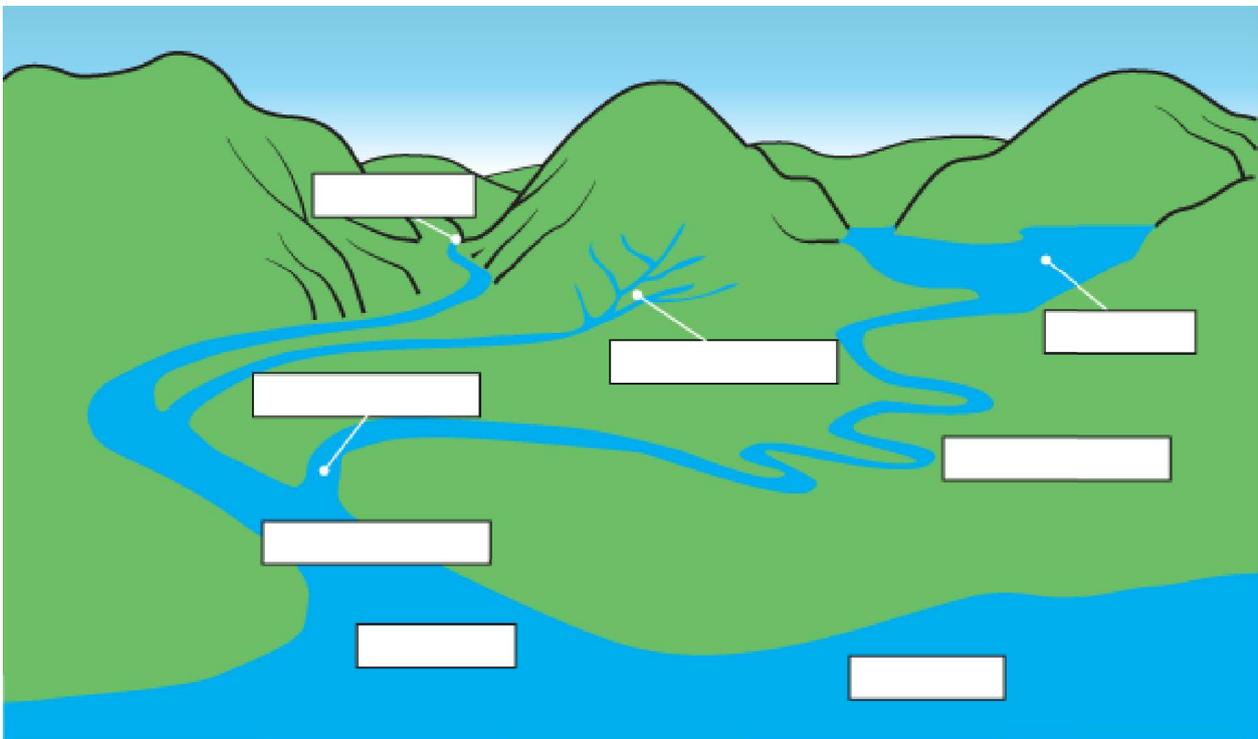
estuary

sea

The start of a river is called the s_____. The source comes from a l_____ or a spring. Small streams flow downhill and join other streams. These are called t_____. A c_____ is where a stream joins the main river.

On flatter ground, the river slows down and starts m_____. When rivers reach the s_____, they often open out and flow more slowly. This part of the river is called the e_____. The m_____ of the river is where it meets the sea.

Now use the words in the boxes to label the diagram.



Copy the paragraph in your best handwriting.