## Information Sheet

# Life in Ancient Egypt



### **Clothing**

The ancient Egyptians used a plant called flax which they made into linen for making clothes. Most clothes weren't dyed with colours and were just white. Linen cloth would be wrapped around the body like a kilt. Cloaks were also worn when it was cooler.

#### Food and drink

**Ancient** Egyptians grew lots of barley and wheat which allowed them to make bread and cakes. Cakes were sweetened with honey or dates. They had lots of vegetables too like onions and beans. They ate fish and rich people ate meat.



#### **Religion**

The ancient Egyptians believed in many different gods and goddesses.
Anubis was the god of death, Re was the sun god and there were many, many more. They also believed that there was an afterlife just like Egypt which was called Duat. You had to have a good heart in life to go to Duat.



#### Leisure

The ancient Egyptians loved to sing and dance. They had lots of different musical instruments that they enjoyed playing.
Children had lots of toys and games, just like we do today. The game of Senet was a board game that even Pharaohs played.



#### Jewellery

There were lots of gold mines around the Nile and the ancient Egyptians loved turning the gold into beautiful jewellery. Lots of precious stones were found in the deserts too. Jewellery was a way to show how important you were. Bracelets, necklaces and earrings often had pictures of the gods carved into them.

#### **Egyptian homes**

Houses in ancient Egypt were made from mud bricks. These were then covered in plaster. The walls were often painted inside. They had small windows to keep the houses cool and to keep the dust out. Wealthy people would have bigger houses with lots of rooms.



Ancient Egypt	Worksheet 5A
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Fascinating Facts!	
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Now draw two picture	es to show what daily life was like in ancient Egypt.